Dear Parents and Carers,

The term is nearly over and I think we are all looking forward to a two week break after another busy term. We are an incredible community here at Cambridge and we have so much to be thankful for. We have had amazing support from our families to help us in so many ways:

- Helping set up and sell goods at the recent Fathers’ Day stall
- Helping organise the fete
- Helping with Book Club
- Helping at Breakfast Club
- Attending our community events like the bush dance!
- Support on school council and the subcommittees

I’d really like to acknowledge the support from our families and staff this term. While we are a large school, it’s this community spirit that unites us and helps us get the best outcomes (socially and academically) for our kids!

I’d like to say a big thank you to our KidsMatter Action Team for planning and organising another fantastic bush dance. It was amazing to see so many families and children at this community night! And to the PE team, our office staff and canteen staff, and of course to our student leadership team for organising Footy Day! What a terrific annual event!

Our grade 6 children returned from camp last week which was another fantastic Cambridge experience for the students to remember. I’d like to thank the staff and our parent volunteers for giving up their own time for this great opportunity.

The grade 4s head off to camp next term and 16 students and four staff are off to Korea over the holidays! Camps are a fantastic opportunity for students to really deepen their learning about the curriculum areas they are studying but also an opportunity to develop their interpersonal and personal learning skills.

Planning has started already for the 2017 school year. If you have any information about your child’s educational needs that you have not already discussed with their class teacher please let me know in writing no later than Friday October 7th (the first week of next term)

This process is designed to gather information in order to create a positive learning environment for all students. It is not a process for self selection of classmates or teachers. Thank you for your continued support of this complex process.
The finance subcommittee met and have made a recommendation to school council regarding the parent payments for 2017. We hope to be able to have letters out to parents as soon as possible so they may have to opportunity to pay for these payments (in part or in full) before the end of year.

We farewell Sharyn Fletcher tomorrow as she takes up the role of Business manager at Kingsville Primary School. This is a great career (and personal) development opportunity for Sharyn and I want to thank Sharyn for the tremendous job she has done here at CPS and wish her well in her new position. Sharyn knows our families so well and always works hard to support students, their families, and the staff. She has been a part of the CPS community for many years, as a parent, employee and friend. We will miss that lovely laughter in the office, but know Sharyn will take that with her to Kingsville PS and grow in her professional career! Good luck Sharyn!

I am hoping that over the holidays we will have our school values sign-written in the office. Our school values are an integral part of the school culture. You may have noticed that all of our historical memorabilia (that was in the front foyer) is now in the gym foyer. This was moved across in term one, so all people have the opportunity to see and celebrate our school’s history, not just those visiting the front office – when the kids have Italian, After School Care or when they come to Breakfast Club, when staff have staff meetings, when we have community events like the bush dance or maths nights and even outside groups such as the Basketball Club can see where we have come from & how we have grown as a school.

As I have been watching our amazing Para-Olympians at the Rio Games I have been reflecting on all of the hard work that goes into developing our personal best. Personal best is what we all aim for in everything we do and as teachers we are always wanting to see our students progress in their learning. This is what we celebrate – progression rather than achievement – as learning is a continuous journey, in all aspects of our lives. We are of course very proud to be working alongside a former Olympian, Kobie Scott, who represented Australian in 100m backstroke and butterfly (S8) in the 2004 Athens Para-Olympics! Kobie is a living example of what can be achieved through hard work, persistence, resilience and dreaming big. Of course support, mentoring and coaching also helps!

School finishes tomorrow at 2:15pm—have a safe & happy holiday

Thanks for another wonderful term everyone!

Nadia
Social and Emotional learning for students -
Coping with fears and worries

Learning to cope with fears and worries helps children develop confidence.

How parents and carers can help

- Acknowledge how your child is feeling. Naming it (e.g., feeling scared, feeling worried) helps the child begin to see fear or worry as a normal emotion that can be overcome.
- Stay cool yourself so you can model positive coping.
- Tell them how you learned to get over fear when you were their age.
- Positive self-talk can help children put fears and worries into perspective.
- Asking what a favourite hero might do in this situation can sometimes be helpful for encouraging children to be brave.
- Learning relaxation skills is often very helpful for dealing with fears.
- Help the child put realistic limits around the scary situation.
- Since television is a frequent trigger for children’s fears and worries it is important to monitor television viewing to minimise exposure to things that may be frightening. It can also help to discuss scary or worrying things at the time they are present.

Common Causes of fears and worries in children

Preschool 2-4yrs
- Imaginary creatures such as monsters
- Potential burglars
- The dark

Early primary 5-7yrs
- Natural disasters (e.g., fire, thunder)
- Injury
- Animals
- Fears related to TV viewing

Upper primary 8-11yrs
- Sports and school performance
- Fear of failure
- Illness and death

Adolescence 12-18yrs
- Peer rejection
- Fear of ridicule
- Meeting new people

Learning to manage our fears and worries involves social and emotional skills for self-awareness and self and fearful behaviours. They may need to learn relaxation skills such as deep breathing. They need to think positively, helpful thinking rather than negative thinking. Optimistic thinking includes “I can manage this: I can be brave: I’ve got through this sort of thing before, so I can do it again”. Things will work out! Sup management. Children need to learn to recognise and manage physical symptoms, anxious thinking porting our children in this way enables them to develop resilience.

Walk to School – VicHealth’s Walk to School month encourages primary school children to walk, ride or scoot to and from school throughout October, to help them get the 60 minutes of physical activity they need each day. Walking to and from school can also give you more time to connect and chat with your kids, and the opportunity to meet up with other local families along the way. If you can’t walk all the way, your child can still get involved – simply drive part of the way and walk, ride or scoot the rest! We encourage all our families to participate in Walk to School and enjoy the warmer morning by walking to and from school even if it is only part of the way.

Family Photos – Due to the scheduling of the Grade 4 camp on the Family Photos day we have asked the photographer to come in on Wednesday October 12th to take the photos of any year 4 students and their siblings on that day so that they do not miss out. Envelopes can be collected from the office on the first week in Term 4.

Graduation and Family Photos – The remaining family photos (all students except Year 4s) will be taken on Wednesday October 19th along with the Graduation and sports captain photos. Envelopes will go home in the first week back in Term 4.

KidsMatter Bush Dance and BBQ – Many thanks to all the families who braved the weather on Tuesday night to attend our annual bush dance and bbq. It was a great night with heaps of fun. A huge thank you to our MC Mr Sowter who once again did tremendous job calling the dances. Thanks also to all the staff who pitched in and made the night a resounding success.
Planning Day is a day when all the teachers plan together for the next term of learning. In Planning Week, the children have all their specialists on one day. The Prep Planning Day was last Thursday. The children had a lot of fun and wrote about their experiences the next day.

One day...well...yesterday, it was planning day. We had lots of specialists. There was Italian, P.E. twice, Science, Art and lots more.

Ellie Prep G

Yesterday I really loved Mr Sowter because we played with the parachute at P.E. and at Art with Larry the Lion.

by Ruby Prep G

Yesterday we were playing Scarecrow Tiggy and we were running when Mr Firman was counting.

by Giovanni Prep G

My favourite was when we flew the parachute **UP** into the air! It was so cool!

by Eliot Prep G

Yesterday at P.E. we played clean up the yard with Mr Firman. We had double P.E.!

**BOOM! BOOM!**

by Mehtab Prep G

Yesterday we went to Art. In Art we painted a picture that we did last week. We made a Larry the Lion poem. We painted it in primary colours. They are red, blue and yellow. We had fun! YAY!

by Prisha Prep G

Yesterday I played with the balls in P.E. We had to catch the balls in the shovel.

by Myaah

Mr Firman and Mr Sowter let us play with the parachute. We swapped places this way and that way. But, it was a little bit squishy!

by Zarah Prep G

We went to P.E and I played Scarecrow Tiggy. I chased people. We went to Science where we played with the ramps. We pit cars down the ramps.

by Michael Prep G

I went to P.E. with Mr Firman. My favourite was the parachute and it was fun. It was like a bouncing ball that is a flying balloon that I saw at the Plaza.

by Amitoj Prep G

**Have a safe a happy school holiday everyone and let’s re-energise for our final term of our wonderful prep year.**
Administration News

Goodbye from Sharyn Fletcher
As I approach the last of my days working at Cambridge Primary School, I would like to thank all of the families for their support and friendships over the past seven years. I feel very fortunate to have been part of such a wonderful and caring community. I am looking forward to a new challenge at Kingsville Primary School, but will miss each and every child and their family from CPS.

PLT 6 & family photos

We have booked our PLT 6 & family photos for October 19th. Unfortunately this will clash with our PLT 4 camp. Family photos for PLT4 & their siblings have been rescheduled for Wednesday 12th October. Photo envelopes will be sent out in term four.

Communication & Correspondence

We would like to remind parents & carers that if you need to collect your child from school early our procedure is that you need to come to the office & collect an early pass to take to your child’s teacher in the classroom. Sending the teacher a note to ask the child to wait at the office isn’t part of our procedure anymore as it takes other students out of the classroom and away from their learning. We thank you for your support with this.

Our office hours are 8.30am till 4.30pm everyday except we will be closing the office at 3.45pm on Thursdays and 4.00pm Fridays. This allows us to have staff meetings and staff training.

We are trying to minimise messages passed to students in the classroom. We understand that sometimes emergencies happen and you need a message passed to your child. Any late bookings for After School Care will be announced at the end of the day.

Payments

The second payment for grade four camps are now due.
The second iPad payments were due September 9th.

Hats on September 1st

We have slouch hats available to buy at the office. They are $15 each. Our legionnaire hats have now arrived also.
News from the Professional Learning Teams (PLTs)

**School Values:**
- Caring
- Positivity
- Respect
- Honesty
- Resilience
- Love of Learning

This week’s value is: Respect

**PLT PREP**
We are only one day away from our school holidays. Please see page four for our special news item. We have a busy last term planned so let’s have a relaxing & enjoyable break so we can start term four ready for learning.

**PLT1**
What a wonderful term we have had in PLT1.

Last week we celebrated our inquiry unit by having an incursion in each grade. Xavier, from Wildlife Exposure, brought along a range of sea creatures for the students to look at, learn about and even hold!
The animals ranged from starfish and urchins, through to sea snails, crabs and even a Port Jackson Shark.
We hope you have a wonderful holiday, and we will see you back for a thrilling term four!

**PLT 2** Term three has come to an end and the grade two teachers have started planning for term four. Next term we will be working on our problem solving skills in numeracy and writing persuasive texts in literacy.
Our term is extra long but will be filled with excitement.
During term three we have learnt about Wyndham’s history and how much change has occurred over the years. We celebrated Footy day, Book Week, Science Week and the Bush Dance.

“In 2A we have been playing the game Telling Time and we love it!”
Elise, 2A

“In Term Three I enjoyed using a ruler to design a city”
Natalie, 2A

We are looking forward to more learning in term four.
PLT 3
The grade three students have had a great couple of weeks working on developing their knowledge about Australian Indigenous people. Our guest speaker, Judith Dalton-Walsh visited each class to share her stories about her family and Aboriginal culture. Last week the grade three students’ went on their excursion to the Royal Botanic Gardens. We were able to participate in many different activities that related to our Inquiry unit about Australian Indigenous people. All of the students behaved brilliantly and represented Cambridge Primary School beautifully. Well done grade threes!

PLT 4
Grade four students are preparing for Camp Oasis in week three of term four, we need all medical notes back as soon as possible. In week two we have swimming and an excursion note has been sent home earlier this week for our Ceres excursion. Have a relaxing holiday ready for a jam packed term four.

PLT 5
Grade 5 & our families enjoyed participating in the school's Bush Dance on Tuesday. It was also great to see so many students dressed up for 'Footy Day' celebrations. Good luck to your team if they are still in the finals race. In Inquiry, we have been working on our final IIIPs for term 3 to conclude our study of Australia in the 1800s. The quality of these IIIPs has been very impressive. In Inquiry, next term, we will be looking at how democracies work. We wish all our students and families a happy and safe holiday and look forward to an enjoyable and productive term four.

PLT 6
Students in grade 6 have just returned from our Canberra Camp, an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia’s history, culture, heritage and democracy. The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government contributed funding of $30 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

I hope all students have had the chance to recover from our great time away. Thank you very much to the teachers and parents who made this opportunity possible.
District Athletics

Cambridge Primary School at the District Athletics!!
We sent a team of 28 students to the Divisional level on Thursday September 15 after our original date was rained out. We can’t wait to hear about their day. Our team was Matthew 3C, Jake 4B, Ruth & Sana 4C, Trya 4D, Zac 4E, Alexander 5A, Anthony & Jacob 5B, Gus 5C, Saint, Vaishu, Jye & Rylee 5D, Lewis, Sa’ad & Claire 5E, Jessica, Linda & Jasmine 6A, Monique & Jerome 6B, Matthias & Dulansa 6C, Thomas, Evan & Naturelle 6D & Clarissa 6E. Congratulations Team!!

Canteen News

Footy Day!!! What a day!! A new record for special day lunch orders today. We had 688 orders in total today. A big thank you to our canteen helpers Brooke, Ali & the co-operation of our teachers. See you in term 4.

Jasmine & Lily

**LOST PROPERTY is overflowing!**

Please come and look for any lost uniform, toys or lunch boxes/drink bottles.
Any uncollected uniform that is still there at the end of the term will be washed and donated to the Lighthouse Store, 21/13A Elm Park Drive Hoppers Crossing. Second hand uniform will be available for purchase from here.

Art Room News

A few requests from Mrs Mancini in the back Art Room. Next term we have a few different projects planned. If anyone has some spare balls of wool they would like to donate, we will gladly take them. We are also on the look out for any unwanted or used cd’s. If you are having a digital clean up we will gladly take your cd’s in the back Art Room.
CAMBRIDGE PRIMARY SCHOOL FETE
SATURDAY 15TH OCTOBER
10AM—3PM

Preparations are well underway for this year by the Fete Committee, with many exciting things planned. We will once again have our major raffle, rides, showbags, face painting, entertainment, a photobooth, grade stalls, lucky dips, onesie vote, animal farm and much more.

Funds raised from the fete will be used to install more synthetic grass as well as tables and chairs near our rotunda.

Keep an eye out in the School Newsletter and our Facebook page for regular updates.

FETE WRISTBANDS and FETE CASH are available for pre-purchase once again this year

OR they can be purchased on Fete Day from our ticket booths.

Purchasing a wristband entitles the wearer to unlimited access to the rides (height/age restrictions may apply to some of the rides), the petting zoo and the photobooth.

(Wristbands are NOT to be shared between individuals)

Wristbands pre-purchased prior to Wednesday 12th October will be $35 each or $30 each for 2 or more.

Wristbands purchased after this date will be $40 each.

Fete cash is used for all grade stalls, the sausage sizzle, face painting, Devonshire teas, showbags and more.

**External food vendors will be the only people to accept cash**

***PRE PURCHASED WRISTBANDS AND FETE CASH WILL BE DISTRIBUTED TO STUDENTS IN THE WEEK PRIOR TO THE FETE

X ------------------------------------------

Student Name: ____________________________ Grade: ________________

Single wristband: $35.00 OR _______ wristbands @ $30 each = $_______

Please issue me with $___________ of Fete Cash (pre-purchase amounts in $10 denominations)

TOTAL of wristbands and Fete money: $_______________ Paid by: CASH/EFTPOS

WANT TO GET INVOLVED? - Many hands make light work, so if you are interested in helping out with the organising by joining our Fete Committee, join us at our next meeting. Tuesday 6th September at 6.30pm in the Staff Room.

We will also be looking for volunteers to help in the lead up week and on the day. If you would like to assist please leave your name at the office or look out for the note that will be sent home soon.

MAJOR RAFFLE - once again we have organised for the Gold Coast holiday raffle, this is a major fundraiser for the event. Books will be sent home to families in September and will need to be returned to the school office by Friday 7th October.
PLT 3 Botanical Garden Excursion

On Wednesday 7th September the grade three students had a fun-filled day at the Royal Botanic Gardens. This terrific excursion complimented our term’s Inquiry about Australian Indigenous people. We became a part of a traditional smoke ceremony which blessed the people across the ages (newborn, children, parents, the elders and the ancestors). Guides then took each grade on a fabulous, informative tour around the gardens, discovering how different trees were used by the Aboriginal people, for food, medicines and even leisure (climbing). We made string bracelets, painted with ochre and handled many authentic hunting and gathering tools. Towards the end of the day, we were able to explore many other wonderful areas of the Gardens with our classmates.
Dear Parents,

Cambridge Primary School now has a sister school in Italy. Notes have gone home to our grade 3 & 4 students with information of how we will be communicating with them via email. Please send the permission slip so we can start as soon as possible.

We use the iPads as a working tool in our Italian lessons so we kindly ask that you please remind your children to bring their iPads to school everyday, fully charged. We would also like the students, especially those in grade 3 and 4, to have the Keynote app on their iPads.

Some reminders:
* We now have an Italian edublog where you can check out all that's happening in your child's Italian lessons and the language that is being taught.
  - https://cambridgeprimary.edublogs.org
  - Password: CambridgeItalian
* Students can email us with any questions regarding the work in class at
  - cpsitalian@gmail.com

Grazie
Signora Tregilgas and Signora Antonello
## Calendar and Important Dates ~Term 3 2016

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**SAVE THE DATE**

Cambridge Fete
Saturday 15th October
10am—3pm
Everyone Welcome