Dear Parents and Carers,

Welcome back to term three – we trust you had a great two weeks with your children. This is looking like being a massive term as we have so many extracurricular events planned including, hosting exchange students form Korea, the grade six Canberra camp, footy day and Science Week and Jeans for Genes day. These dates are on the back page of the newsletter in a calendar that you can print off and leave on your fridge door as a reminder.

Over the holidays we had a little more landscaping completed. The new garden looks beautiful and includes some extra seating.

Here at Cambridge Primary School we place a big emphasis on the teaching of literacy and numeracy – it’s the core business of schools. We are very proud of the learning gains made by our students and how families and school work together to get best learning outcomes for our students. A big part of this partnership is the home reading program. Please support your child’s home reading, by reading to them or with them each night, or having your child read to you, or perhaps have them tell you what they read independently – what happened, if they enjoyed it (why or why not), what they predict will happen next, any connections they made, or how they used their prior knowledge to work out the author’s intent. And please ensure the home reading diaries are signed each night and put back in the school bag ready for the next day.

Our Breakfast Club started with a great turn out! We had 96 children come from breakfast on day one and 106 the next day. We are thrilled to be able to run this program and greatly appreciate the support of families and staff who volunteer to help, and those who have donated goods. The Hoppers Tigers Club are generously sponsoring the program, as well as Foodbank. Remember Breakfast Club runs every Thursday and Friday morning between 8.15-8.45am and is free. Everyone is welcome to attend.

Next week we will be handing out 140 parent opinion surveys to (randomly selected) families. The information we get from this survey is very important to us and helps in school improvement. Parent opinion is VERY important to us. If your child has brought home a survey please take the time to fill this in and return it to school before Friday 29th of July.

We have had a significant number of students enrol for 2016 already and places are filling up fast. If you have a prep child beginning school next year please ensure enrolments are finalised by the end of August. Call into the office to collect an enrolment form if you need one or phone for an information pack to be sent out.

We are pleased to report last Thursday, Ruth of 4C, represented Cambridge Primary in the SSV Primary School Cross Country in Bundoora Park. Ruth ran her best and represented the school well. She came 41st in the U9/10G 2k run. Well done Ruth

Nadia
Message from Nella Cascone

Social and Emotional learning for students - Helping children learn to manage anger – Everyone experiences anger. It is a normal reaction to frustration, stress and disappointment. It can occur in children as young as four months old. Anger can be quite noticeable in toddlers who often express it through tantrums and other aggressive actions. However as children grow older and develop they learn how to deal with some of the frustrations of everyday life. They also learn how to express their anger in acceptable ways.

Some anger can be helpful. For example, when expressed effectively, anger can help tell someone else, “Stop. I don’t like that.” Anger can also motivate us to overcome problems and achieve goals if directed in the appropriate way. Whether children’s anger is positive or negative depends on how effectively it is managed and whether it can be directed towards positive goals.

When children lack skills for managing anger it can lead to aggressive behaviour. Usually, it is the aggressive action that follows anger that most concerns adults. Learning to manage anger involves developing social and emotional skills for calming down and having ways to express angry feelings assertively. This means learning to use words rather than aggressive actions to communicate feelings. Adults have an important role to play in helping children learn to manage anger effectively.

How adults can help

Be aware of feelings – children need to learn that having angry feelings is normal and okay, but that reacting aggressively towards others why they’re angry is unacceptable. Adults can help children become aware of feeling annoyed, frustrated, angry or furious by naming feelings. Learning to say, “I’m feeling angry” or “I’m really frustrated”, gives children a way to separate feeling angry from how they react.

Time to talk – Talking about what has created the angry mood or feeling will help the child see that feelings have causes and that solutions can be found once we know the cause. This kind of conversation doesn’t work while the child is really angry. Sometimes it must wait until later. Children often find it easier to talk in informal situations where they feel less pressure. Asking, ‘What makes you angry?” can be a good way to start the conversation about anger.

Finding alternatives – Getting children to think through a difficult situation helps them develop problem-solving skills. Asking, “Is that what you wanted to happen?” or “What else could you have tried?” encourages children’s helpful thinking. Thinking of alternative solutions helps children plan different ways of reacting next time. Be sure to praise their efforts.

Have ways to calm down – When emotions are strong, it is easy to act without thinking. Encourage your child to take control and allow time for the emotions to subside. Walking away, using a quiet spot to think, or doing something else like riding a bike or listening to music, reading a book are all activities that can assist in reducing strong emotions.

‘Cool-down’ steps to teach children

Recognise that you are angry – notice the body signals that mean you’re angry (eg getting hot, heart racing, tense muscles). Give a number from 1 to 10 to show how angry you are

Cool down your body - breathe slowly, take time out in a quiet place, go for a walk, do something physical, draw how you feel

Use coping self – talk - ‘It’s Okay. I can handle this”

Try to solve the problem – talk to someone who is a good listener and plan what to do next time.
Message from Nella Cascone

KidsMatter Community event - BBQ & Bush Dance – Tuesday Sept 13th 5-6.30pm Barber & Carruthers Houses and 7-8.30pm Dowling and Westmill House.

Life Education Van Visit for students from Prep – Year 4. The Life Education Van continues this week to deliver lessons to our students on the following topics

Prep – Harold’s Surprise Harold’s friend Possum, holds a party in the park and invites the class and Harold to come along. The students use realistic props to help Harold pack a Healthy picnic lunch. And on their way to the party respond to new situations and dilemmas around health and safety. The session of 60 minutes covers the following topics:
- Ways to seek help from trusted adults
- Benefits of physical activity
- How to spot safe and unsafe behaviours and environments
- Choosing healthy food options

Year 1 & 2 – Harold’s Heroes Harold recruits the class as the newest members of his Super-Hero Team. Free from distractions, the class becomes absorbed in tackling challenges such as exploring the effect of second hand smoke and identifying how the ‘fly to the rescue’ in an emergency. The session of 60 minutes covers the following topics:
- Recognising safe and unsafe behaviours
- The effects of second hand smoke on the body
- Awareness of the safe use and storage of medicines
- Emergency procedures such as how to call 000
- Health food choices

Year 3 - All Systems Go Inside a futuristic machine ‘The Venture’, the Captain and his crew take the class on a tour of the human body. Traveling through the blood, the class explore and discover how magnificent the human body really is. They learn the functions of various body parts and the actions required to keep these systems working well. The session of 90 minutes covers the following topics:
- Factors that influence the function of body systems such as exercise and drugs
- Exploring ways to manage peer pressure
- The effects of second hand smoke
- The function of vital organs (heart, lungs, liver, brain and kidneys)
- Healthy food choices

Year 4 – Harold’s Diary Harold offers to share with the class his diary entries about one week at school. This platform provides the opportunity to explore relationships and friendships, influences on food choices, benefits of physical activity and the definition of a drug. The session of 90 minutes covers the following topics:
- Emotions connected with new situations and change
- Importance of friendships and support networks
- Exploring legal drugs such as medicines and caffeine
- Strategies to manage peer pressure and bullying
- Benefits of an active life-style and healthy diet

Prep Health Questionnaires - Our school nurse will be returning on Tuesday July 26th to see the remaining Prep students.
Speech Therapy for Term 3 - Letters will go home shortly to families informing them of whether they child has been identified to receive speech therapy this term.

Lost Property..... There is a large amount of lost property which has piled up over last term. Please look through the pile of clothing to check for any missing items. All unclaimed clothing will be collected at the end of July and will be removed. Please regularly check that ALL uniform items are clearly labelled with your children’s FULL name and grade. It makes it very difficult to return uniform items when they are unmarked or marked with just your child’s initials. Checking your child’s uniform regularly for clear labelling will ensure all items are swiftly returned.

Nationally Consistent Collection of Data on School Students with Disability – July - August
All schools in Australia, including Independent and Catholic schools, are in the process of completing the Nationally Consistent Collection of Data on School Students with Disability. The Data Collection is an annual count of the number of students with disability receiving educational adjustments to support their participation in education on the same basis as students without disability. The collection of this information from states and territories will inform future policy and program planning in relation to students with disability.

Punctuality and Attendance paramount to student learning- How many days has your child missed this semester?

<table>
<thead>
<tr>
<th>Days Absent</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-6</td>
<td>This is within the normal range. A child with this attendance rate is able to take full advantage of the teaching and learning opportunities available to them.</td>
</tr>
<tr>
<td>7-10</td>
<td>This attendance rate is below average. A child with this attendance rate could miss over one year of learning between Prep and Year 10.</td>
</tr>
<tr>
<td>11-20</td>
<td>This is POOR attendance. A child with this attendance rate could miss out on up to two years of learning between Prep and Year 10.</td>
</tr>
<tr>
<td>20+</td>
<td>This is VERY POOR attendance. A child with this attendance rate could miss two and half years of learning between Prep and Year 10.</td>
</tr>
</tbody>
</table>
Administration News

Welcome back to term three. A few reminders from the office.

Communication & Correspondence

Can we please ask if you need to email, please send it to the school email address cambridge.ps@edumail.vic.gov.au. The volume of emails we receive vary day to day, so we need to be sure the message gets to the relevant staff. This includes any emails regarding absences & requested time off, new medication for our students or any general enquiries regarding your child & their teachers.

Our office hours are 8.30am till 4.30pm everyday except starting this week we will be closing the office at 3.45pm on Thursdays and 4.00pm Fridays. This allows us to have staff meetings and staff training.

We are trying to minimise messages passed to students in the classroom. We understand that sometimes emergencies happen and you need a message passed to your child. Any late bookings for After School Care will be announced at the end of the day.

Payments

All Grade six camp payments should be finalised by now.
The second payment for grade four camps are now due.
The second iPad payments are due September 9th.

Sickbay

We have had quite a few children coming to sickbay with muddy/wet clothes. If this happens we have some various sizes of spare clothes but not shoes! If we cannot change your child we will need to call you to please bring a spare change of clothes. It might also be a good idea to pack a change of clothes in your child’s bag.

We have had a few reports about head lice. Please check your child’s hair regularly and treat if you find any evidence. We recommend that you re-check your child’s hair a week after treatment.
News from the Professional Learning Teams (PLTs)

**PLT PREP**
Welcome back to school everyone and to the second half of the year! We hope you all had a fun and safe break. Term three is always an exciting time of the year in prep as many things start to ‘click’ for the students and we really begin to see their learning take off.

We’ve already had a busy start to the term as we went to the Arts Centre to see a theatrical version of Cinderella (or Cendrillon as it was in French!). The students had a fantastic time seeing a new way that a story can be told and that it doesn’t always have to be in a book or on a screen.

Now that we’re right into the middle of winter can all jumpers please be checked to make sure that your child’s names are on them and have a chat as well about ways to stay warmer during recess and lunch (stay out of puddles, find a quiet spot where there’s no wind etc)? Also, if your child is wearing a beanie, please make sure that it is navy blue as it is still part of the school uniform.

**PLT1**
Welcome back to term three!
We would love to introduce you to our newest member of the Year One staff. Stepping into 1D is Shannon Cambridge. We are very excited to have her join our team!
This term we have an exciting inquiry unit happening ‘How is the Ocean Impacted by Humans?’ within this unit students will be investigating the different sea life, how humans can have an effect on the ocean, and who is responsible for caring for our marine environment. We will have an exciting incursion coming up at the end of term, so watch this space!
This week students have participated in the Life Education Program. They enjoyed learning how to be ‘Everyday Superheroes’ and seeing Harold the giraffe.

**PLT 2**
It has been a busy beginning to term three. We have attended the Life Ed Van and enjoyed an excursion to the Werribee Mansion. At the mansion we learnt what it was like to live 140 years ago. We were greeted with the mansion’s butler and practised washing clothes the old fashion way! The students also got to enjoy old toys in the Chirnside children’s nursery and roam the gardens. We are looking forward to learning more about Wyndham and how it has changed and stayed the same.
Please feel free to send in old toys and photos you may have of Wyndham or even if you know someone who had a ‘dunny’ out the back!
Welcome back for a wonderful term of learning and activities! The grade three students will be exceptionally busy this term with lots of fantastic learning experiences and opportunities taking place throughout the term. The students will be completing the inquiry unit ‘Why should Aboriginal culture and history be important to every Australian?’ Students will learn about indigenous Australians, their culture and history, and how Australia has changed over time.

Last week, the students visited the Life Education Van, where they learnt about the human body and met Healthy Harold. The students thoroughly enjoyed the experience and learnt a wealth of knowledge.

This term the grade 4 students will be learning about narratives, poetry and information text in Literacy. They will look at the structures and language features of these texts during reading sessions and learn how to plan, draft and publish them during writing. In numeracy our students will be learning about a range of concepts including fractions and decimals, place value, money and financial maths, angles, volume and capacity, mass, mapping and chance. Our inquiry unit centres around immigration in Australia with the big question being, “How has immigration altered Australia?” This unit fits in with the AusVELS domains of history and civics and citizenship. Students will be learning about European settlement and their impact on the life of Indigenous Australians. They will also be looking at current immigration and multiculturalism in Australia and the impact that this is having. We will be visiting the Immigration Museum in the city on the 24th of August. A note has been sent home, please return this along with payment (if applicable).

We are looking forward to Sovereign Hill tomorrow. Students are required to be at school by 8:40 am, buses will be departing at 8:50am sharp. If the buses are running late to return to school an SMS will be sent out to all parents. Please ensure your child has weather appropriate clothing, packed lunch along with 2 snacks, drink bottle and a small backpack. Students to make sure they take responsibility for any cameras or spending money brought on the excursion.

Our excursion to Sovereign Hill will compliment this term’s inquiry unit ‘Colonial perspectives- Australia in the 1800s’. Students will be looking at major events during this time including the gold rush and understanding the different perspectives of groups living in Australia at the time. Another focus will be to show students how different life was back in the 1800s and how the events during this time helped shape Australia into what it is today.

As the students move into the senior school, new homework expectations are in place. Our Cambridge Primary Homework Policy says our students are expected to complete a minimum of 30 minutes homework each night. This should comprise of reading, spelling words, Mathletics and Literacy Planet tasks.

Our inquiry unit this term continues to focus on preparing for the trade fair. The dates are set for 22nd and the 29th of August. Your child will be able to confirm an exact date shortly.

Camp is also not far off, with the buses leaving 7.30 am on the 5th of September. Please be on the lookout for camp permission and medical forms that will be coming home soon. We have often had to return forms to families as they sometimes only included a single contact number, please ensure to include two numbers.
Interschool Netball

On Thursday the 14\textsuperscript{th} of July, the Cambridge interschool netball team travelled to Truganina South Primary School. They played two games of netball against St Andrews and Truganina South, who were also undefeated in their district. The girls played exceptionally well and came away with one loss and one win. Unfortunately they did not make it through to the next round but they are to be commended for their efforts in remaining undefeated in the Hoppers Crossing district. Well Done!
Canteen News
This term we will be having Footy Day in the last week of term. We will get out notes in the next few weeks with these details. If you would like to use Flexischools for your child’s lunch orders please register at www.flexischools.com.au. This is a convenient way to do your lunches without having to have correct money & a bag.

Jasmine & Lili

Senior choir News
Cambridge Choir Performances!

Late last term our choir was invited to perform at the South West Christian Church for a special refugee week event. The day was a celebration of the many different cultures that make up our community. We learnt a lot more about how diversity makes our country a more interesting place to live, as people from diverse cultures contribute language skills, new ways of thinking, new knowledge, and different experiences. As usual the choir stood tall and appeared undeterred by the large crowd, they even managed to get a special cheer after the rap in the song 'Everyone Belongs'. I couldn't be more proud of the way the choir represented Cambridge Primary School on the day. A big thank you to everyone involved in getting us to the event and a huge thank you to the parents who took the time out of their day to come and support us.

Cobie Canny & Kate Lyon

Chess News

CHESS OLYMPICS
Australia V. Korea
This year Cambridge Primary School will be involved in its first ever international chess challenge!! It will be between Australia and Korea and will be held on Monday, 8th August.

VICTORIAN CHAMPIONSHIPS QUALIFYING TOURNAMENT
Once again the qualifying tournament for the Western suburbs will be held at CPS on Thursday, 25th August. Every year, the local schools send their best chess players to Cambridge for this tournament. This year we will have 40 students representing us. These students were in the top 40 at the 2016 CPS Championships and should already have their entry forms. Entry for these students is optional, but it is a great honour to be representing your school in such a prestigious tournament! After this day, the top performers will be invited by Chess Victoria to proceed to the state semi-finals!! Good luck to all and keep practicing!!
In term 3 all students will be investigating Physical Sciences. Here is a list of topics for the term:

<table>
<thead>
<tr>
<th></th>
<th>Physical Sciences—how non-living things move</th>
<th>Donations to science room required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>On the Move</td>
<td>Toys that move</td>
</tr>
<tr>
<td>One</td>
<td>Look! Listen!</td>
<td>Toys that make noises</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Empty tissue boxes</td>
</tr>
<tr>
<td>Two</td>
<td>Push and Pull</td>
<td>Toys that can be pushed and/or pulled</td>
</tr>
<tr>
<td>Three</td>
<td>Heating Up</td>
<td></td>
</tr>
<tr>
<td>Four</td>
<td>Magnets</td>
<td>Any unwanted magnets that could be used in projects</td>
</tr>
<tr>
<td>Five</td>
<td>Light Shows</td>
<td></td>
</tr>
<tr>
<td>Six</td>
<td>It’s Electrifying</td>
<td>Any electrical wires, motors or switches</td>
</tr>
</tbody>
</table>

Note:- Donations must be in a safe and working order and delivered to the science room near the canteen – room 42. Science week is coming August 15th-19th. We will have more information next newsletter.

Thanks
Susie Blake, El Briffa, Gaye Aldridge
BUSY, BUSY, BUSY! - Both of our art rooms are buzzing with activity – it's almost as if we had not had a holiday at all!!! The grade 6 students are researching a person from another culture and/or time and building a model of them. The grade 5 students are modelling with clay. The grade 4 students are creating faces in the style of Pablo Picasso and the grade 3 students are creating their own version of Edvard Munch’s ‘The Scream’. The grade 1 and 2 students are printing and the Preps are working on box constructions.
ART ROOM NEWS

VIDEOS - The following is a list of videos the students are looking at in the main art room this term. I am providing these links in case any parents/caregivers want to have a look at what the students have been learning about or any students want to have an extra look at the videos at home.
Grade 6 Deborah Halpern

https://www.youtube.com/watch?v=99w07BnM8nM
https://au.pinterest.com/pin/93871973462319466/
https://www.youtube.com/watch?v=crcPgnG7404

Grade 4 Louise Nevelson
https://au.pinterest.com/pin/93871973462301252/
https://au.pinterest.com/pin/93871973462301250/

Grade 3 Edvard Munch
https://au.pinterest.com/pin/93871973462313543/
Scroll down to the video on the page below.
http://artcuratorforkids.com/visual-analysis-lesson-for-edvard-munchs-the-scream/
https://au.pinterest.com/pin/93871973462300614/

DONATIONS
Thank you to all the Cambridge community that continue to donate fantastic stuff to the Art program. You might not be able to think of a use for that item BUT I WILL!!! I often forget to leave the donation box outside the main art room but I still get donations regardless. In the last week or so we have had Wool, buttons, cardboard tubes, ice cream containers, small boxes plastic lids (which I can’t get enough of), clean plastic take away boxes jelly moulds, assorted pieces of junk for printing etc, etc, etc.

And can we please have some more of those fantastic plastic jars with screw top lids that sliced peaches and apricots come in these days? And ice cream containers.

Thank you,
Shelley Menhennet and Stephanie Mancini
<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 2</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td></td>
<td>Prep Health Assessments</td>
<td></td>
<td></td>
<td></td>
<td>PLT 5 Sovereign Hill</td>
</tr>
<tr>
<td>Week 3</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td>Last day for Life Ed Van</td>
<td></td>
<td></td>
<td></td>
<td>Korean Exchange Students arrive</td>
</tr>
<tr>
<td>Week 4</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>August</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 5</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Korea v Aust Chess Tournament School Tours 11.30 &amp; 4.30</td>
<td></td>
<td>Jeans for Genes Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 6</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td></td>
<td>SCIENCE WEEK</td>
<td></td>
<td>Farewell our Korean Exchange Students</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>PLT 4 Immigration Museum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 8</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>September</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>