PHYSICAL EDUCATION/SPORT

1. Aims:
   - To progressively increase the children’s strength, endurance and flexibility
   - To expose children to a variety of physical and sporting activities
   - To develop children’s coordination and fundamental motor skills
   - To promote children’s confidence and personal self-esteem
   - To expose children to controlled competitive sports experiences (eg. develop sportsmanship)
   - To provide situations (games, relays, team sports) to promote cooperation, leadership opportunities and adherence to rules
   - To develop the children’s strategic thinking, communication and cooperation skills
   - To increase the children’s understanding of factors relating to the safe conduct of a game; for example, space available, equipment maintenance and rules

2. Implementation:
   - The program will operate at all year levels
   - A Physical Education/sports program will be provided within the whole school. This program will be managed by the Physical Education specialists (if assigned)
   - Cambridge Primary School will provide children with physical activity time allocated to each year level if feasible
     - P-2 1.5 hours
     - 3-4 2.5 hours
     - 5-6 3 hours per week of physical education and sport with a minimum provision of 50% for physical education
   - Physical Education equipment will be stored in a centrally located sports storeroom in the gymnasia
   - Recess and lunchtime equipment will be made available for student borrowing
   - If a specialist is allocated to this role they will be timetabled to each class for 1 hour per week
   - Appropriate equipment will be made available for all Physical Education lessons
   - Appropriate Professional Learning will be made available to all staff
   - A Sport program may be offered in the following ways:
     - Grades 3-6 - access to regional swimming, athletics and cross-country carnivals
     - Grade 6 - interschool sport will be offered in winter and summer
     - Grade 5 - skill development sessions specific to Grade 6 interschool sports to ensure all teams have adequate numbers/representation on a rotational basis in consultation with the grade 5 team. Preference is allocated to Grade 6 children first
     - Grade Prep- 4 - physical activities as planned by teams
   - A variety of sports will be offered where appropriate parent or teacher supervision is available
   - An annual school based Athletics and Cross Country days for grades 3-6
   - An annual Athletics day for P-2
   - The Physical Education specialist teacher, or teacher assigned the responsibility, will be released, where necessary, to attend special events in any given year (e.g. athletics, swimming, cross country)
   - Community Sporting Organisations will be sought to provide expertise to supplement the Cambridge Primary School program e.g. sports clinics
   - An attempt will be made to inform parents of events that are available for talented students

3. Evaluation

Respect, Caring, Resilience, Love of Learning, Honesty, Positivity
- This policy will be reviewed as part of the school’s three-year review cycle.

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