



CAMBRIDGE PRIMARY SCHOOL

SUNSMART

Our Sun Smart policy has been developed to ensure that all students and staff attending this school are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year but with particular emphasis in Terms 1 and 4.

As part of general SunSmart strategies, our school will:

Expect the following behaviour:

- **children to wear hats which protect the face, neck and ears whenever they are outside (eg: recess, lunch, sport, excursions).**
- **work with the parent community to provide SPF 15+ (or higher) broad-spectrum, water resistant sunscreen for student use**
- **daily application of sunscreen before school and prior to the lunch break**
- **children to use available areas of shade for outdoor activities**
- **regular consumption of water**
- **staff and parents to act as role models by practising Sun Smart behaviours.**

Expect the curriculum to:

- **incorporate programs on skin cancer prevention at all grade levels**
- **regularly reinforce SunSmart behaviour in a positive way through newsletters, parents meetings, student and teacher activities**
- **ensure SunSmart behaviours and policy are reflected in the planning of all outdoor events (eg: camps, excursions, sporting events).**

Plan within the school environment for:

- **outdoor activities to be held before 11:15am during Terms 1 and 4 whenever possible**
- **outdoor activities to be held in areas with plenty of shade whenever possible**
- **an increasing number of shelters and trees so as to provide adequate shade in the school grounds.**

Evaluation

The Health/P.E. committee will review the effectiveness of this policy each year.

They will:

- **Review the SunSmart behaviour of students, staff, parents and visitors at various stages of the year and make recommendations for improvement where necessary**
- **Access shade provision and usage and make appropriate recommendations for increases in shade provision**
- **Update and promote curriculum material relevant to SunSmart activities.**

<u>Ratification Date</u> March 1999	<u>Review Date</u> Year 2010	<u>Policy Number</u> 31.	<u>Version Number</u> 2.	<u>Date Produced</u> July 1998
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