



PHYSICAL EDUCATION/SPORT

Purpose

- To progressively increase the children's strength, endurance and flexibility.
- To expose children to a variety of physical and sporting activities.
- To develop children's coordination skills.
- To promote children's confidence and personal self-esteem.
- To expose children to controlled competitive sports experiences (eg: develop sportsmanship).
- To provide situations (games, relays, team sports) to promote cooperation, leadership opportunities and adherence to rules.
- To develop the children's fundamental motor skills.

Guidelines

- The program will operate at all levels.
- A P.E./ sports program will be provided within the whole school. This program will be managed by the P.E. specialist in consultation with the Health/P.E./Curriculum committee.
- It is desirable that children will participate in physical activities as advised for the weekly DEECD recommended time allocated to each year level ie:

P-2	1.5hrs
3-4	2.5hrs
5-6	3 hrs
- P.E. equipment will be housed in a centrally located sports store in the gym.
- Recess and lunchtime equipment to be stored in individual sections.

Implementation

- A specialist will be timetabled to each class for 1 hour per week if the timetable allows.
- Appropriate equipment will be made available for all P.E. lessons.
- Appropriate Professional Learning will be made available to all staff.
- A Sport program will be offered in the following ways:
 - Grades 3-6: access to regional swimming, athletics and cross-country carnivals
 - Grade 6: interschool sport will be offered in winter and summer
 - Grade 5: skill development sessions specific to Grade 6 interschool sports / interschool sport to ensure all teams have adequate numbers /representation on a rotational basis. (Preference is allocated to Grade 6 children first)
 - Grades 3-4: rotational platoon activities to develop skills in major sports
 - Grade 1-2: a rotational PE program is to be provided
- A variety of sports will be offered where appropriate parent or teacher supervision is available.
- School based Athletics and Cross Country days for grades 3-6.
- Athletics day for P-2.
- The P.E. specialist teacher will be released by a Casual Replacement Teacher, where necessary, to attend special events in any given year (eg: athletics, swimming, cross country).
- Support will be sought to gain expertise to supplement the Cambridge Primary School program eg: integration children/sports clinics.
- An attempt will be made to inform parents of events that are available for talented students.

Evaluation

- Participation levels of students.
- Feedback from staff and students.
- Timetabling.

<u>Ratification Date</u> Nov 2008	<u>Review Date</u> Year 2011	<u>Policy Number</u> 21.	<u>Version Number</u> 2.	<u>Date Produced</u> March 1999
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