



HEALTH



Purpose

- To develop the knowledge and skills that promote effective relationships and the safety and health of individuals and groups
- To develop the knowledge and skills to make informed decisions on issues of personal health
- To promote their own and others worth, dignity and rights as individuals and as members of groups
- To develop an understanding of community agencies in order to access health care and resources
- To consider the influence of diverse values, attitudes and beliefs on personal and group decisions and behaviour related to health and safety.

Guidelines

- The Health Curriculum team is responsible for program development, maintenance and evaluation
- Responsibility for the provision of Health Education rests with the class teacher who will organise it within their classroom timetable.
- Lessons will often be integrated with other VELs domains and dimensions.
- The Health program supplements and supports the Student Welfare Policy.
- The Health Education curriculum will cover areas of personal, social, community and mental health, as well as personal safety and decision making processes.
- Members of the school and wider community will be encouraged to work in partnership with teachers in implementing the school's Health program.
- The school's ISDES (Individual School Drug Education Strategy) will form a part of the total Health program.

Implementation

- The Health curriculum is covered both formally and incidentally Prep-6.
- A major focus Health topic will be developed by sections for each VELs Level.
- The school uses the Life Education Centre (LEC) unit which presents as a resource for Health education bi-annually, to support the development of classroom units which explore issues presented at each VELs level.
- The ISDES implementation plan will form part of the Cambridge Primary Health curriculum Prep-6.
- We commit to an annual program on Personal Development for year 5 & 6 students where possible facilitated by the School Nursing Service or trained teaching staff.
- Where possible, support is sought from outside agencies to support programs Prep-6 eg. Fire Brigade, Police-Schools Involvement Program, Safety House.
- The school implements a SunSmart policy, with particular emphasis in Terms one and four, on SunSmart behaviours across the school.
- The school implements Peer Support, Peer Mediation and Buddies Programs.

Evaluation

- Curriculum audit as part of the annual Program Budget review process
- Staff and parent feedback on the ISDES implementation plan
- Minor evaluation of the program

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